

COLÁISTE MHUIRE

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Dear Parent/Guardian:

January 2024

This term, as part of our Senior Cycle Programme in Fifth Year, we will be teaching the module on Relationships and Sexuality Education (RSE). RSE is much wider than the physical aspects and incorporates the moral, spiritual, social and psychological elements of each person.

In fifth year RSE, the topics that will be covered are as follows:

Module: Relationships and Sexuality

- Reproduction
- Contraception
- STI's
- Personal safety – control, coercive behaviour
- Substance misuse
- Consent

Your son/daughter may wish to talk about the topics raised in class and you are best placed to address any concerns that they may have. During this period of minimum 6 weeks, students who are usually withdrawn from resource class at this time will return for RSE classes. This module will begin from the January 2024.

If you would like to discuss this further, or if you have any queries, do not hesitate to contact the Principal.

We would like to take the opportunity to thank you for your ongoing support.

Yours sincerely,

Fifth Year RSE Teachers.